



SPONSORSHIP FORM



**Natasha
Allergy
Research
Foundation**
The UK's Food Allergy Charity

- Please use this form if you are asking people to sponsor your fundraising.
- **Gift Aid** allows charities to claim the basic rate of tax on every pound donated. That's an extra 25p per pound!
- Please make sure the details of each donation are recorded accurately in your donor's own handwriting - forms in the same handwriting or printed aren't valid for **Gift Aid** purposes.
- Please encourage each donor to tick the **Gift Aid** box if they're eligible.
- Please note we can't claim **Gift Aid** on donations from companies, multiple donors' donations made on behalf of someone else, or any payment where something is given in return for the money.



Title	
First name	
Surname	
Address	
Postcode	
How did you fundraise?	

Gift Aid - very important
Boost your donation by 25p for every £1 you donate

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I want to Gift Aid my donation and any donations I make in the future or have made in the past four years to The Natasha Allergy Research Foundation. I am a UK taxpayer and understand that if I pay less Income Tax and/or Capital Gains Tax than the amount of Gift Aid claimed on all of my donations in that year, it is my responsibility to pay any difference.

Please let us know if you want to cancel this declaration, change your name or home address, or no longer pay sufficient tax on your income.

Please use blue or black pen and write in CAPITAL letters. All fields are mandatory
Full name + Home address + Postcode + Date collected + ✓ = Gift Aid

Tick here for Gift Aid



Title	First name	Surname	Home address Not your work address (this is required for Gift Aid)	Amount	Gift Aid	Date collected
MR	ARLO	ARMADILLO	167-169 Great Portland Street, London, W1W 5PF	£20	✓	6/6/2025
				£		
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Title	First name	Surname	Home address Not your work address (this is required for Gift Aid)	Amount	Gift Aid	Date collected
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I've raised a total of				£		

Next steps

- Simply collect your donations from your donors, pay in your sponsorship and send us the sponsorship form(s)
- Pay in your sponsorship online at <https://narf.enthuse.com/Single-Donation> and send the sponsorship form(s) to fundraise@narf.org.uk
- Send us a cheque made payable to **The Natasha Allergy Research Foundation** (please don't send cash), with this sponsorship form to 167-169 Great Portland Street, London, W1W 5PF.

Staying in touch

Want to hear about our latest campaigns, projects and work to #MakeAllergyHistory?

Would you like to hear from us by: **Email:** Yes ☐ No ☐ **Text message:** Yes ☐ No ☐ **Phone:** Yes ☐ No ☐

You can change your mind at any time by contacting us at info@narf.org.uk. Your details are safe with us. Check out our Privacy Policy for more information at <https://www.narf.org.uk/privacy-policy>

